



Artifacts & Normal Variants Basic EEG Course

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Learning Objectives

- To identify the definition and types of artifacts
- To identify common normal variants

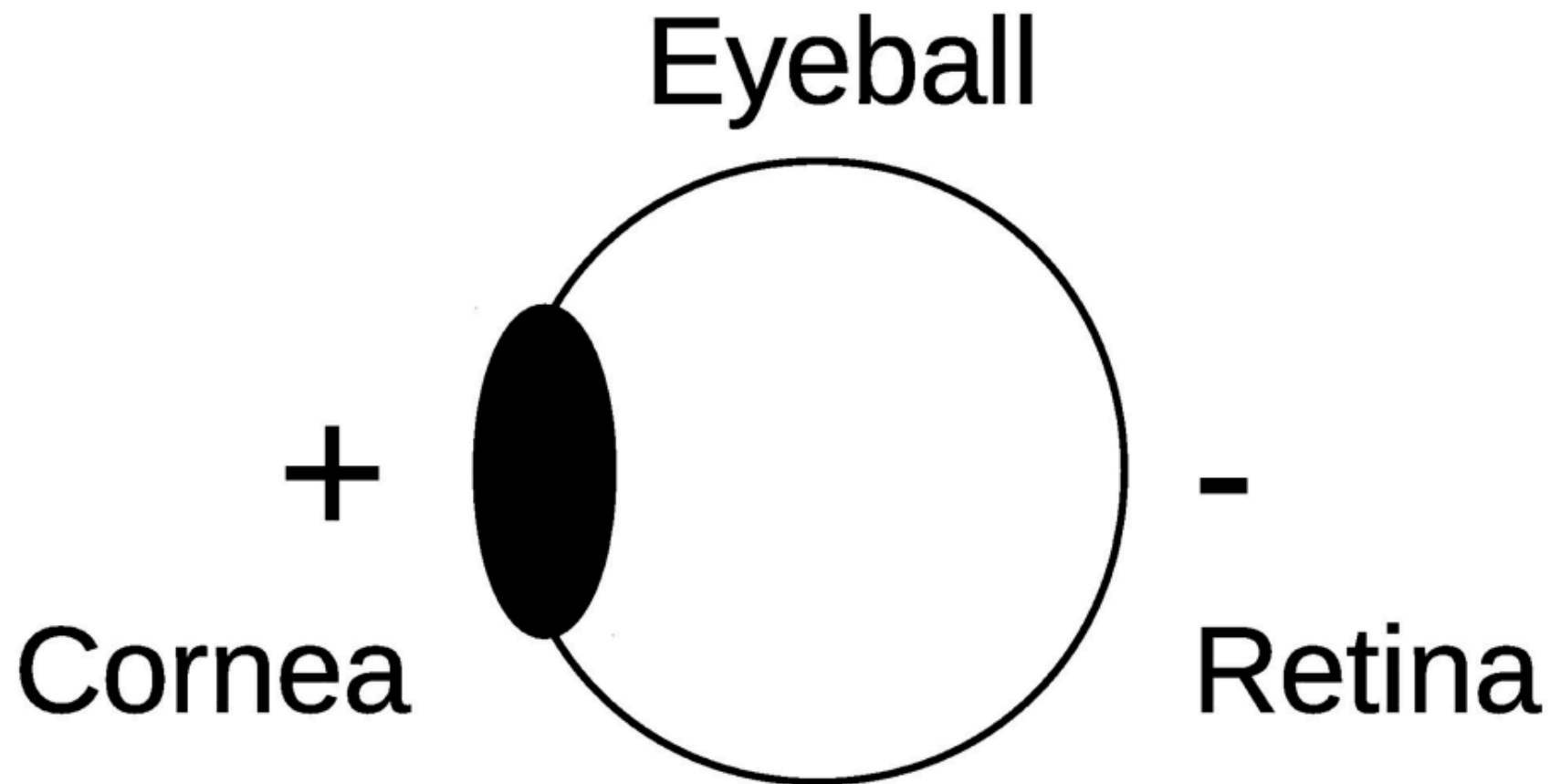


Artifacts

- Unwanted electrical activity arising from different sources, **other than cerebral activity**
- Physiological/ biological artifacts:
 - Artifacts from the eyes and eyelids: Eye movement or blink artifacts
 - Tongue movement artifacts: glossokinetic, chewing, swallowing
 - EMG
 - ECG
- Nonphysiological artifacts: from electrical phenomena or devices in the recording environment



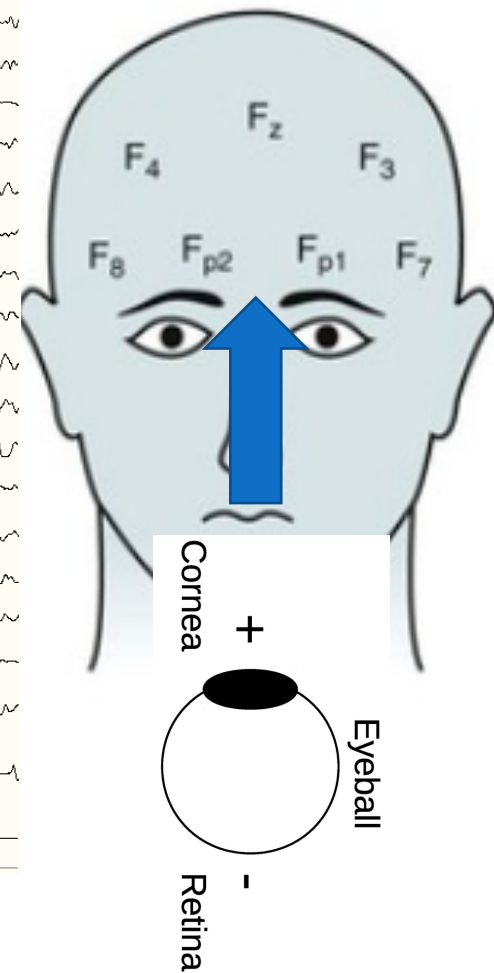
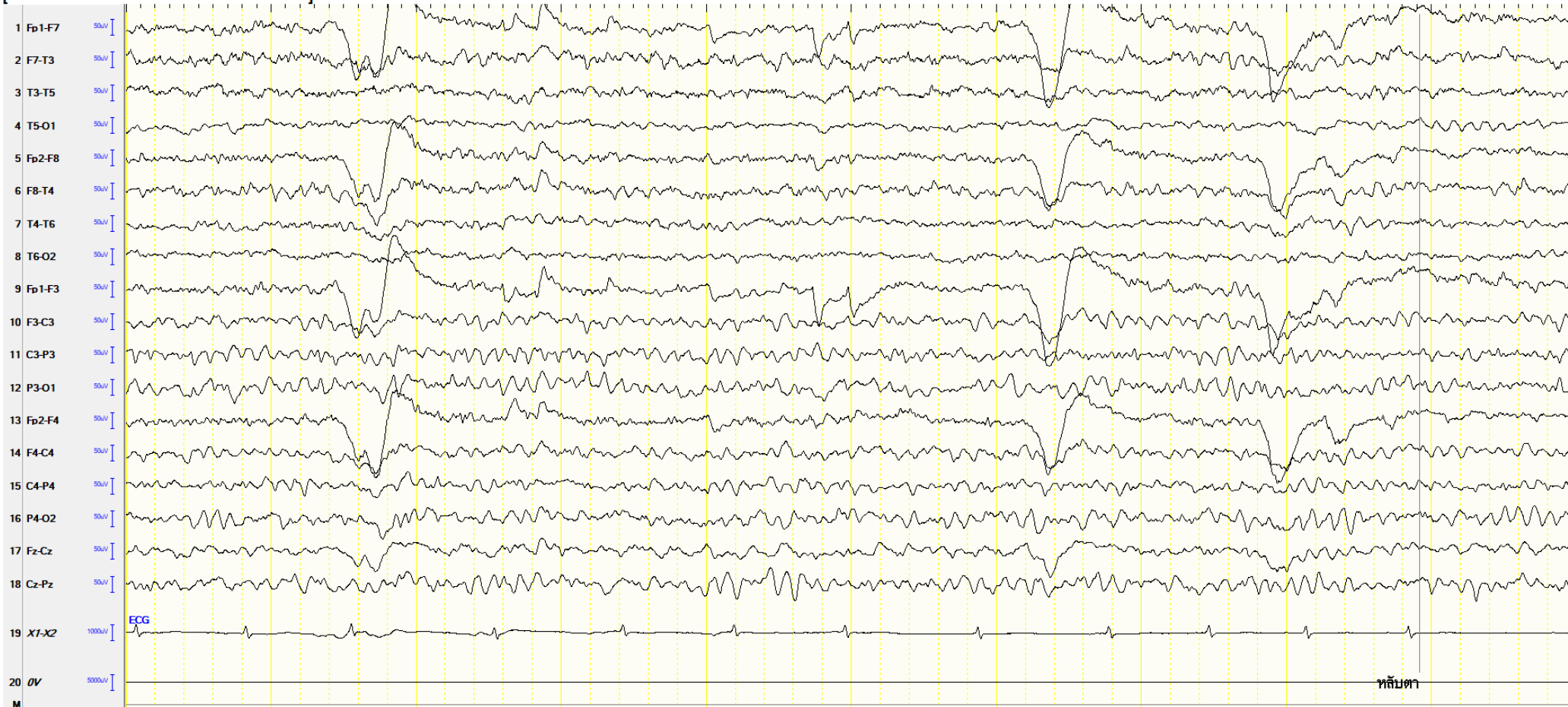
Corneoretinal Potential





Blink Artifact

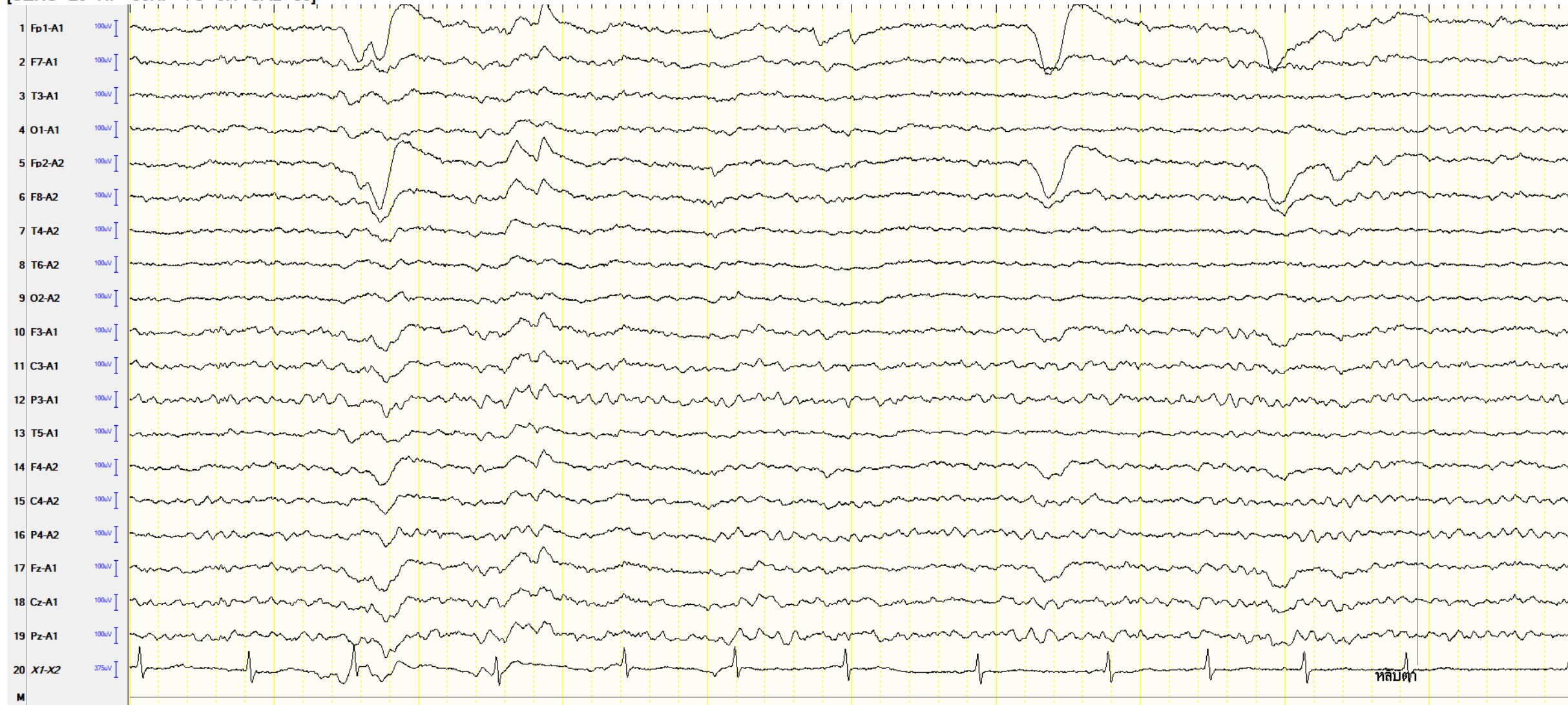
[SENS *10 HF *50RP TC *0.1 CAL *50]



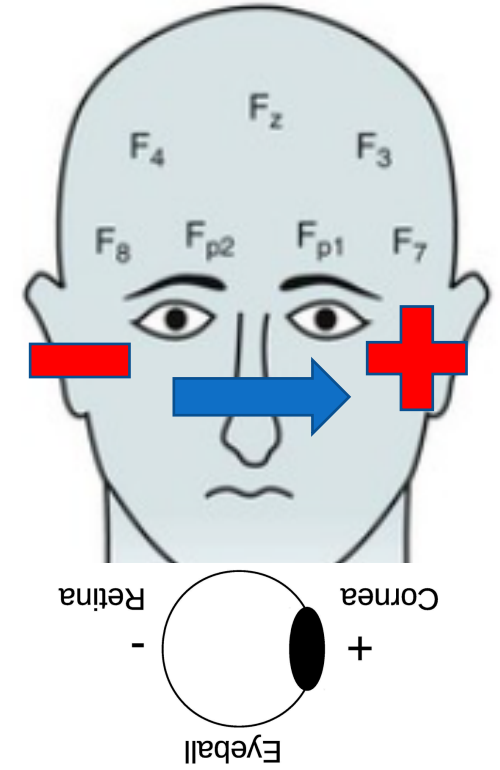
Blink Artifact



[SENS *20 HF *50RP TC *0.1 CAL *50]



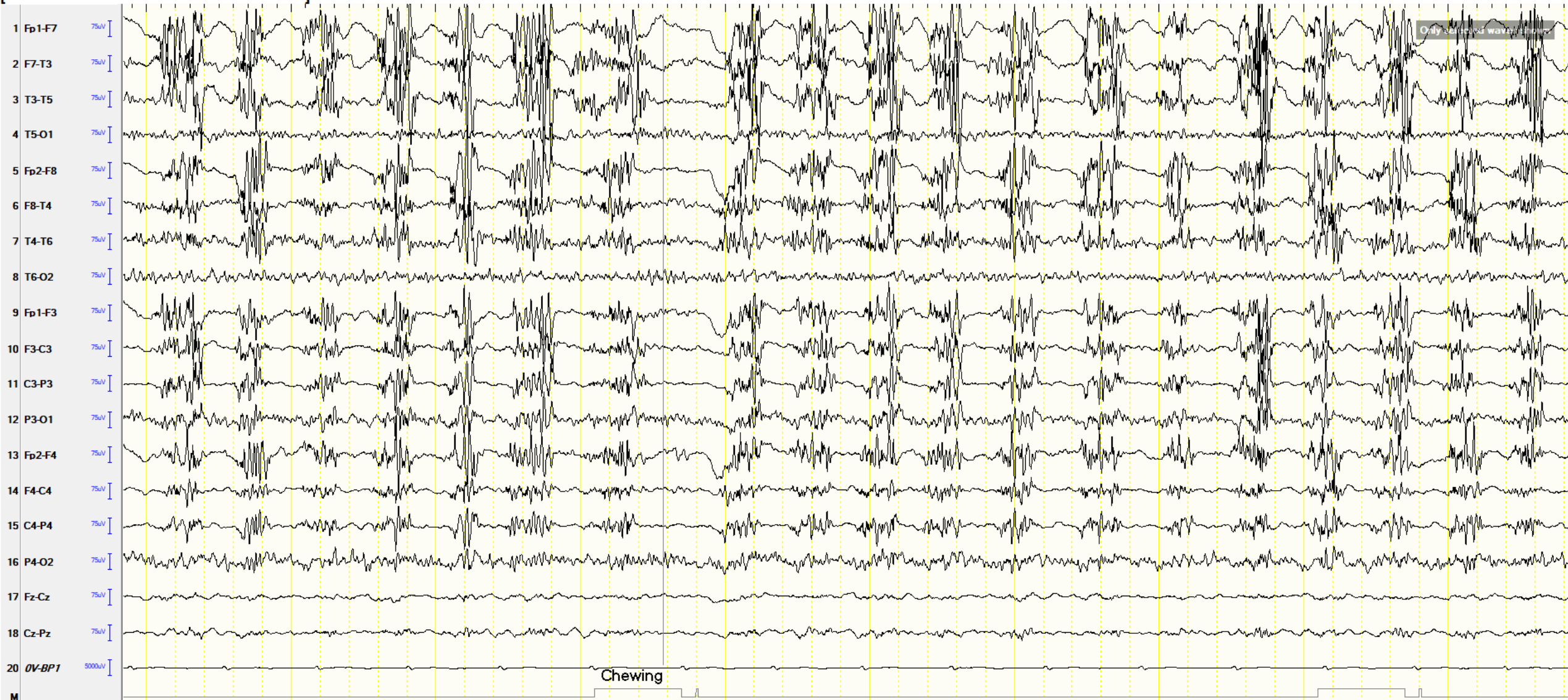
Left Lateral Eye Movement



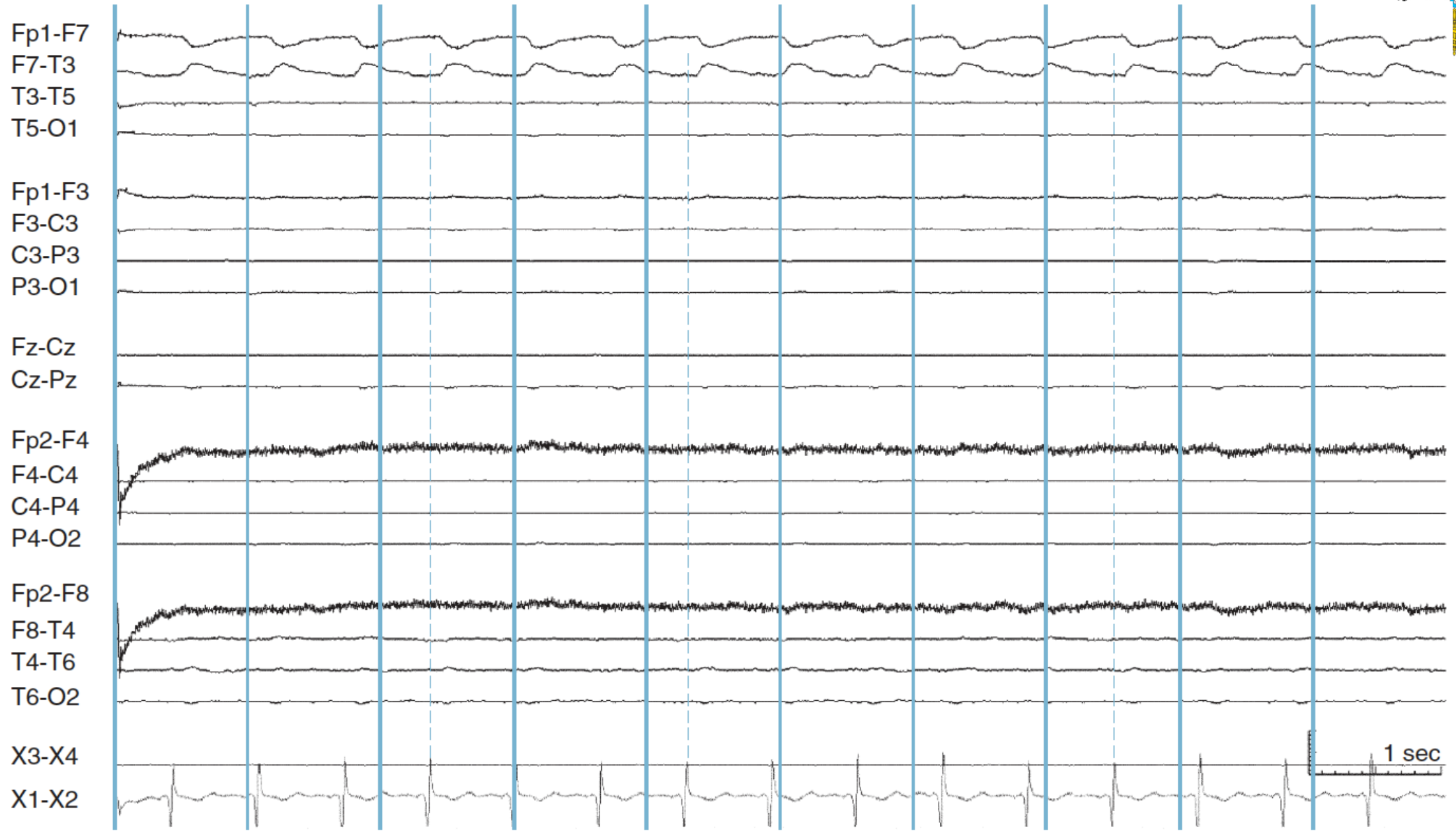
Chewing Artifact



[SENS *15 HF *50RP TC *0.1 CAL *50]



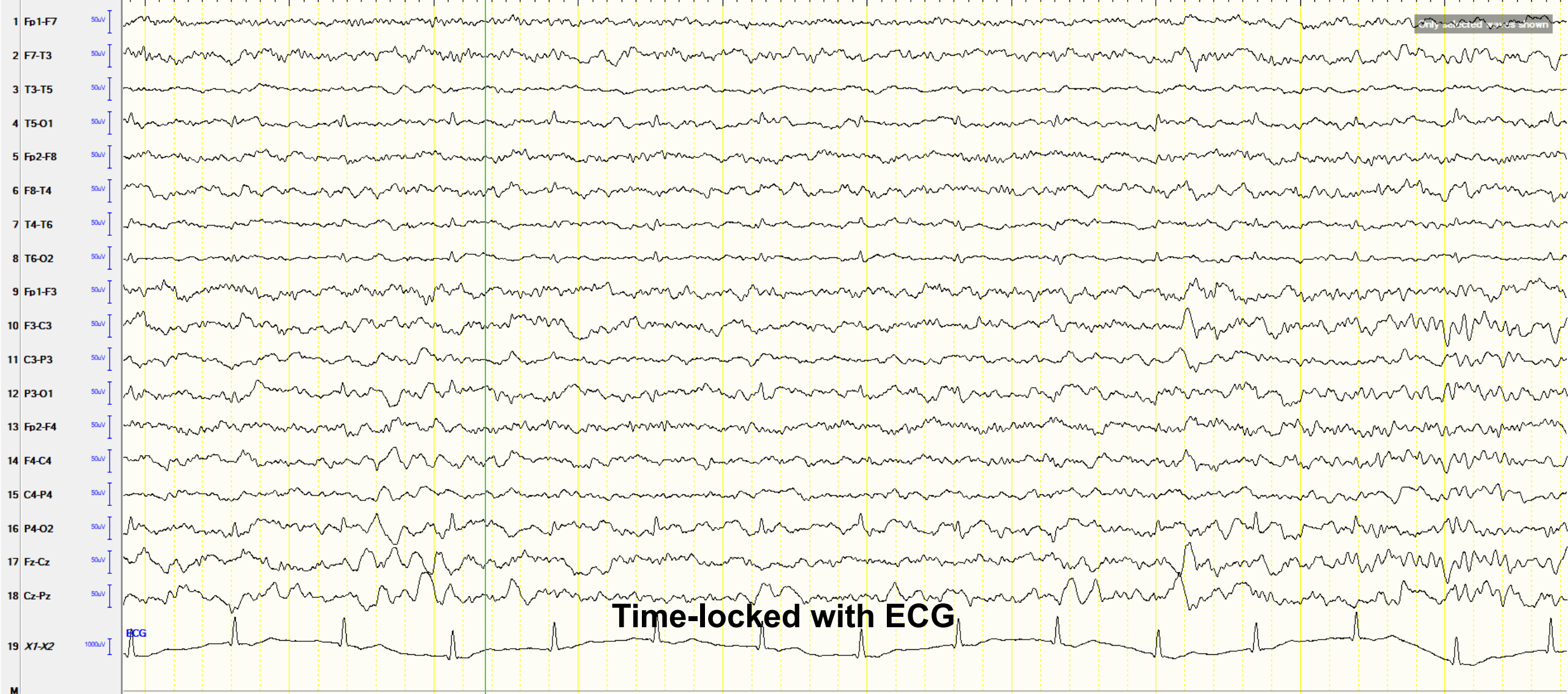
Pulse Artifact



ECG Artifact



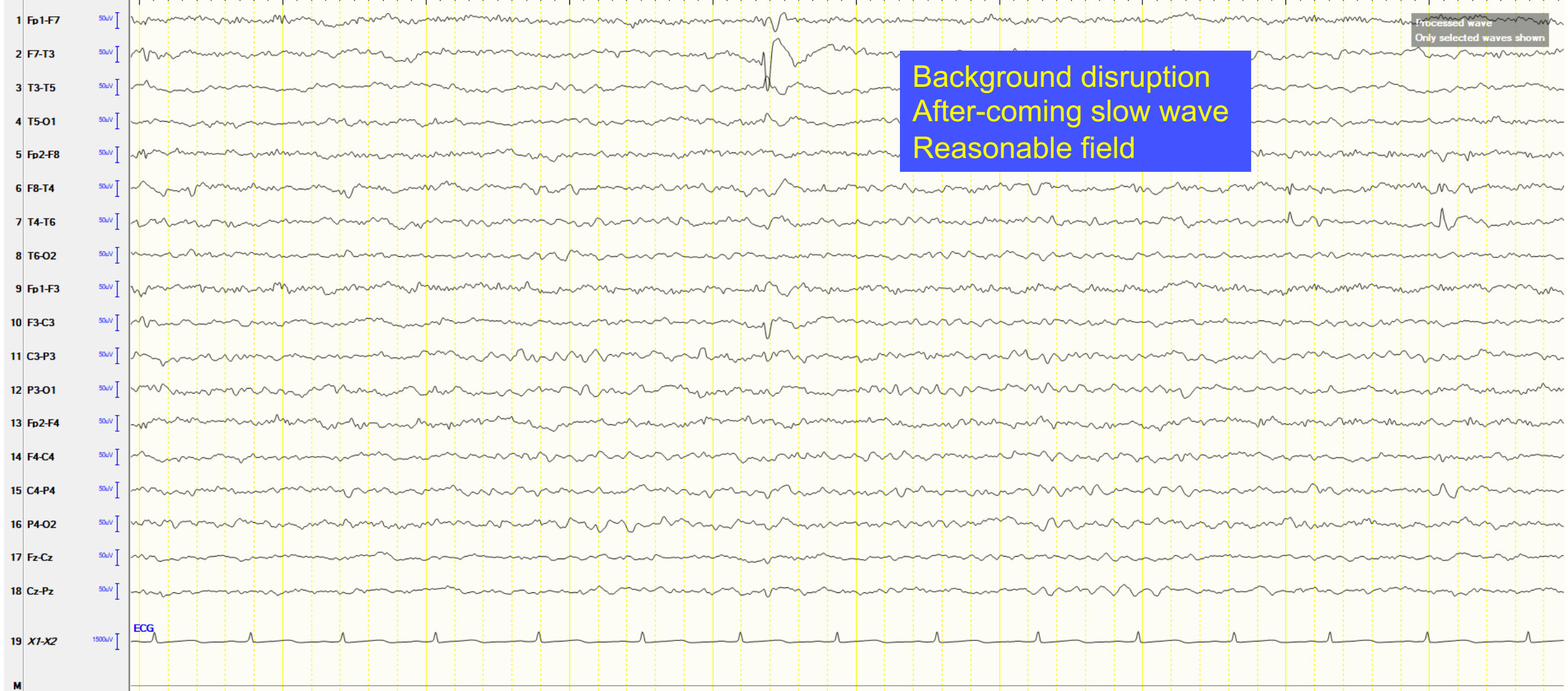
[SENS *7 HF *50RP TC *0.1 CAL *50]



True Spike-Left Temporal



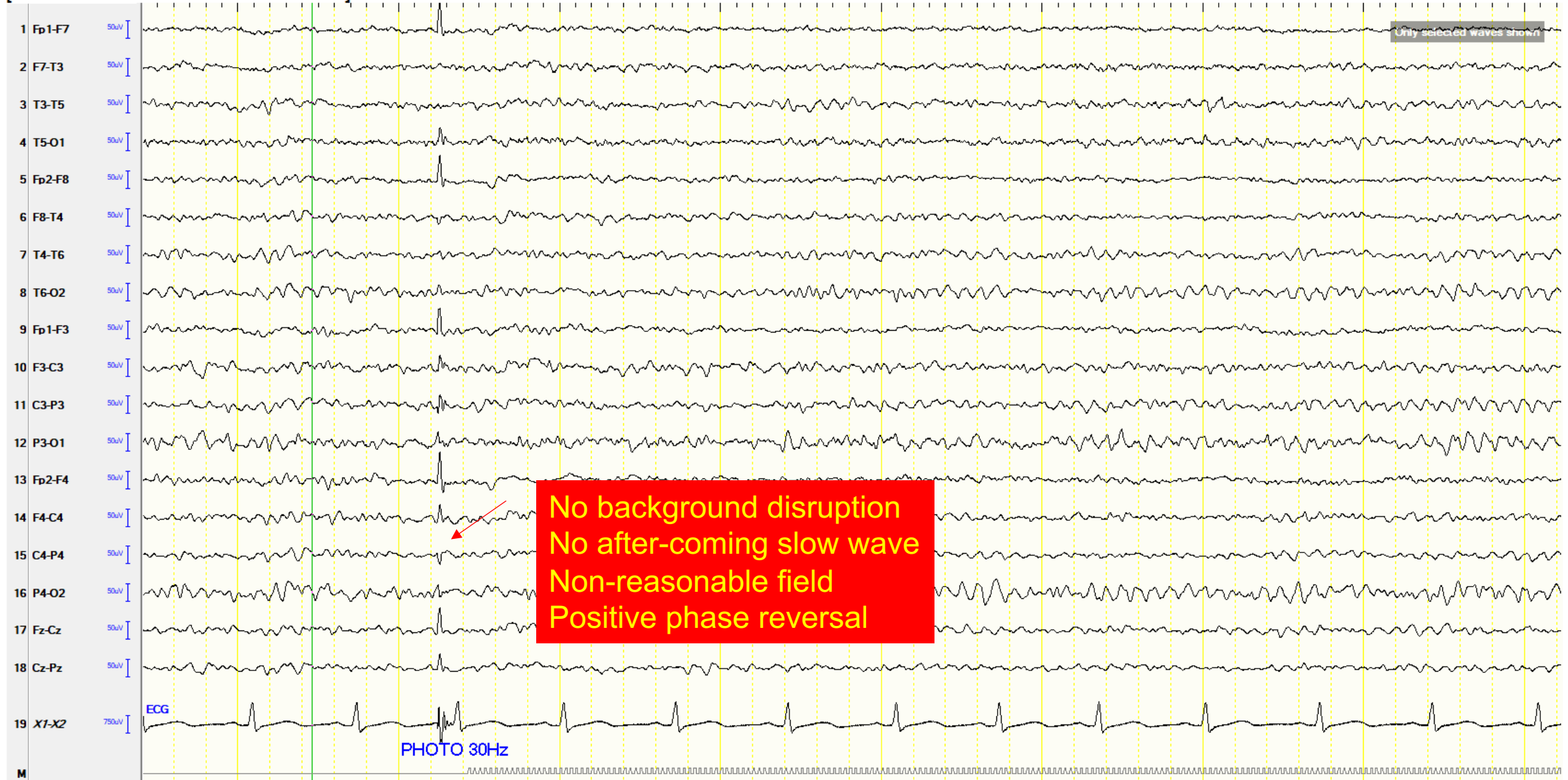
[SENS *10 HF *50RP TC *0.1 CAL *50]



Artifact



[SENS *10 HF *50RP TC *0.1 CAL *50]



No background disruption
No after-coming slow wave
Non-reasonable field
Positive phase reversal

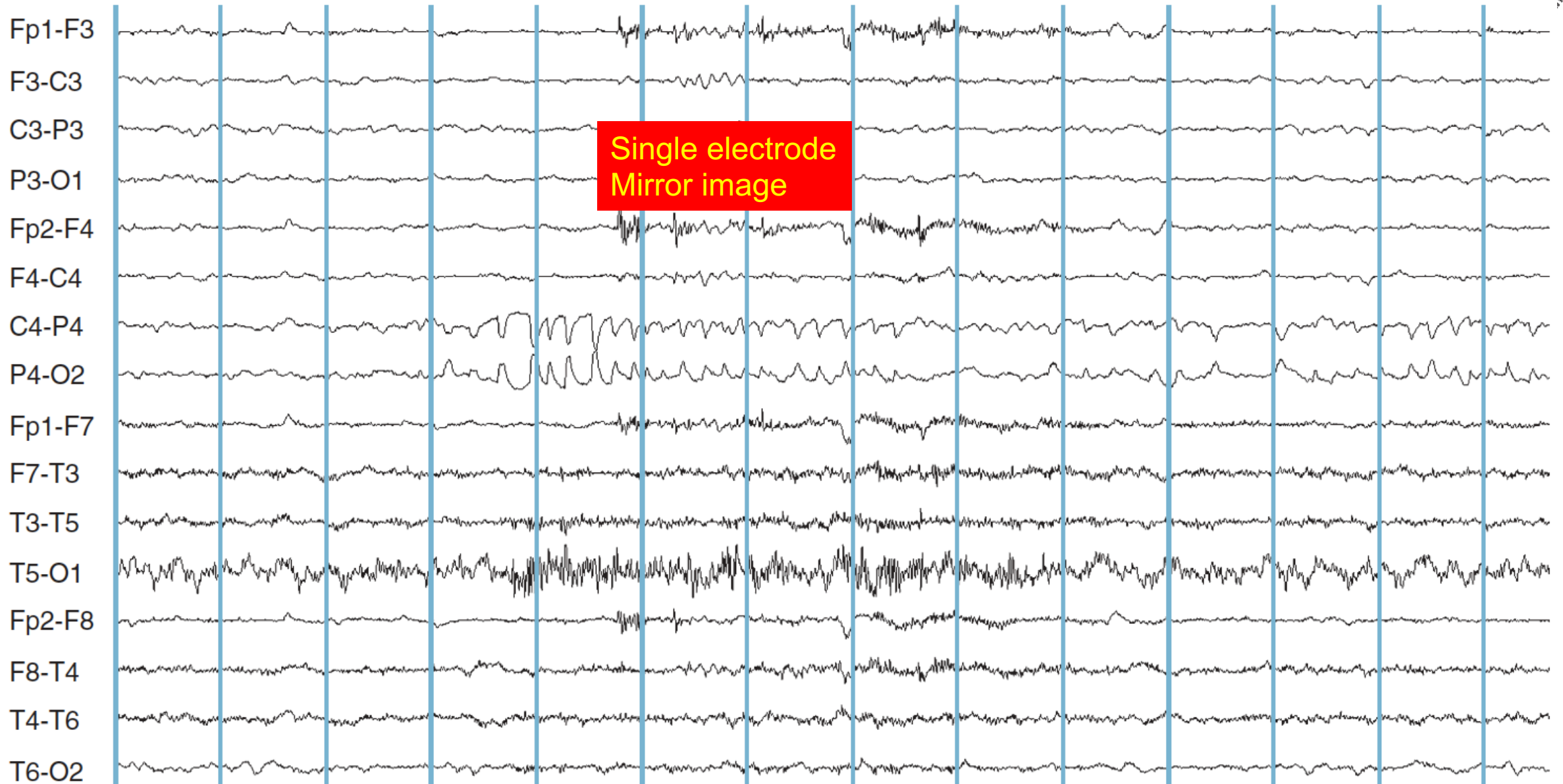
PHOTO 30Hz

ECG

Only selected waves shown

M

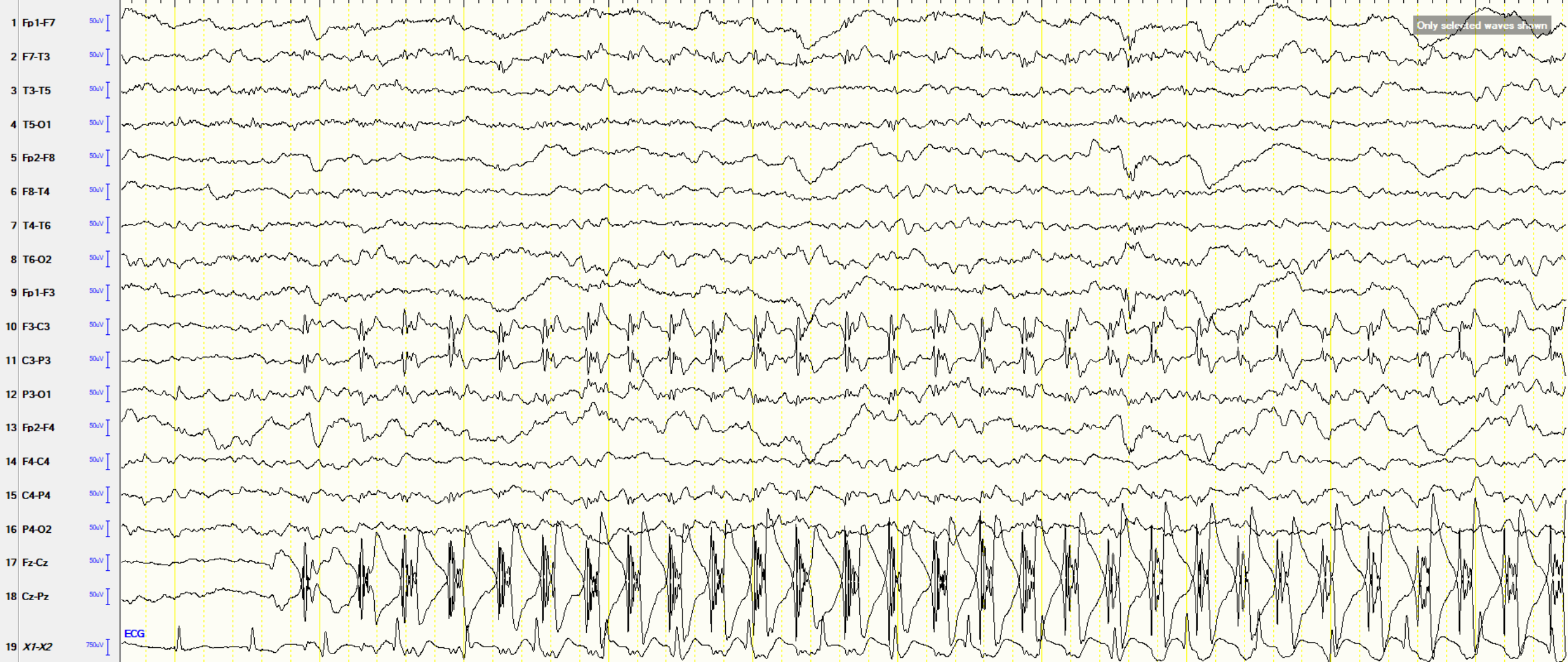
Electrode “pop” Artifact



Patting Artifact



[SENS *10 HF *50RP TC *0.1 CAL *50]





Normal Variants

- Rhythms or waveforms that have features reminiscent of either interictal or ictal EEG abnormalities
- Found in a substantial proportion of healthy subjects
- **NOT** representing pathological entities

Normal Variants Patterns



1. Rhythmic patterns
2. Epileptiform patterns
3. Lambda and lambdoids
4. Age related variants



Normal Variants Patterns

1. Rhythmic patterns

- Alpha variant
- Mu rhythm
- Rhythmic mid-temporal burst of drowsiness (RMTD)
- Subclinical rhythmic electrographic discharges in adults (SREDA)
- Midline theta rhythm
- Frontal arousal rhythm

2. Epileptiform patterns

3. Lambda and lambdoids

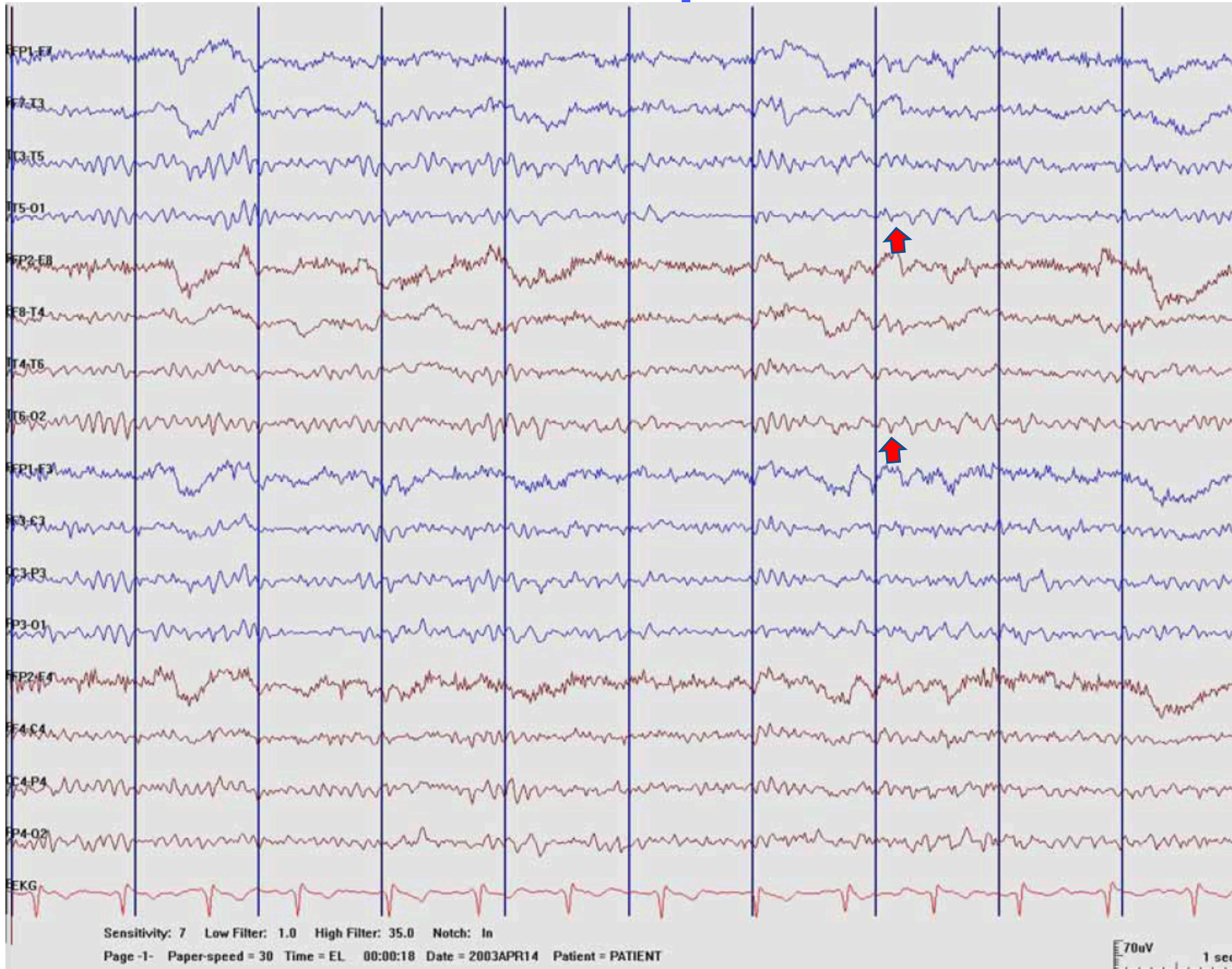
4. Age related variants



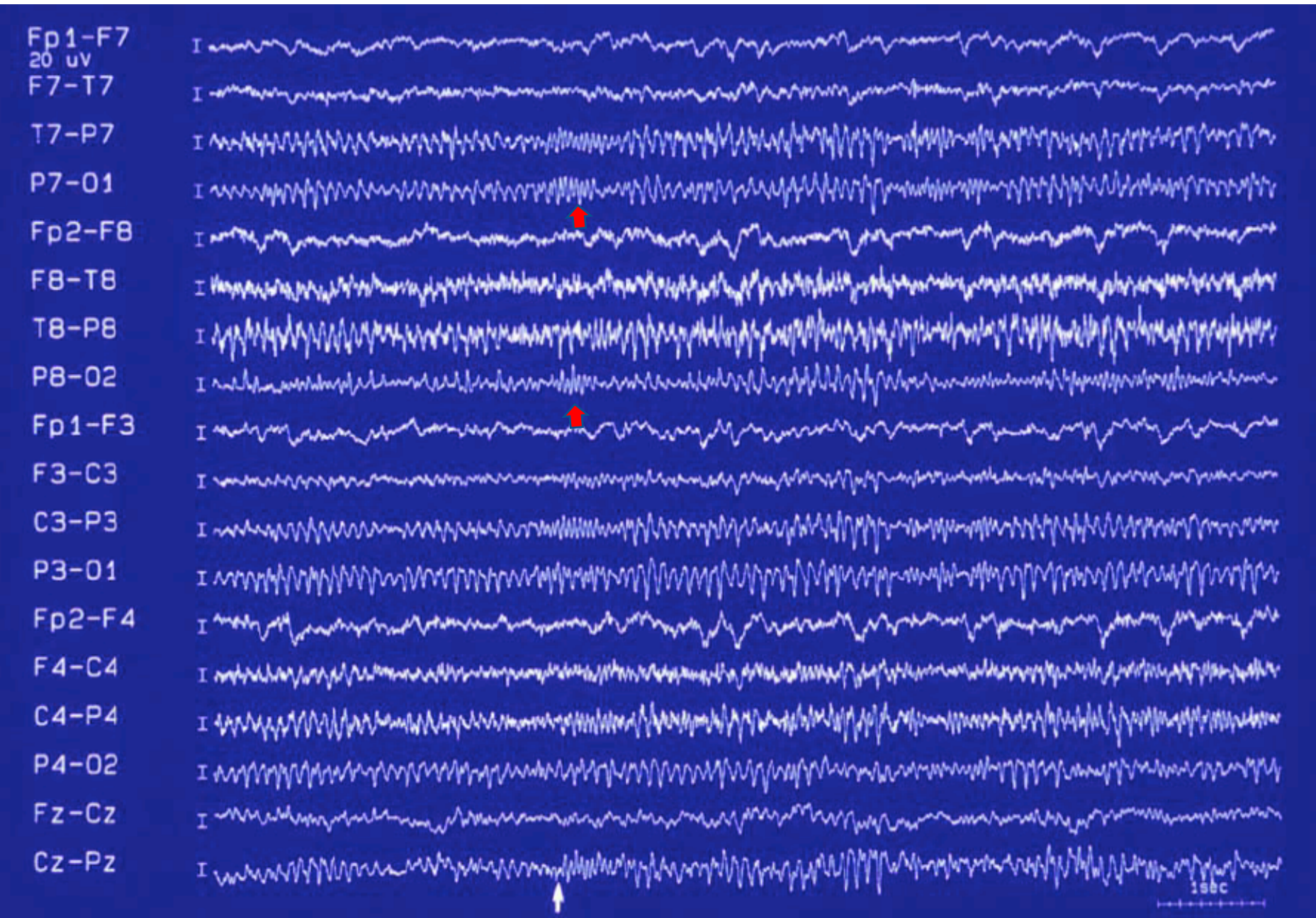
Alpha Variant

- “Slow/ Subharmonic”: half frequency of the patient’s PDR
- “Fast/ Supraharmonic”: twice of the PDR frequency
- **Location:** Posterior head regions (O1, O2)
- **State:** awake
- Blocked by eye opening

Subharmonic Alpha Variant



Supraharmonic Alpha Variant





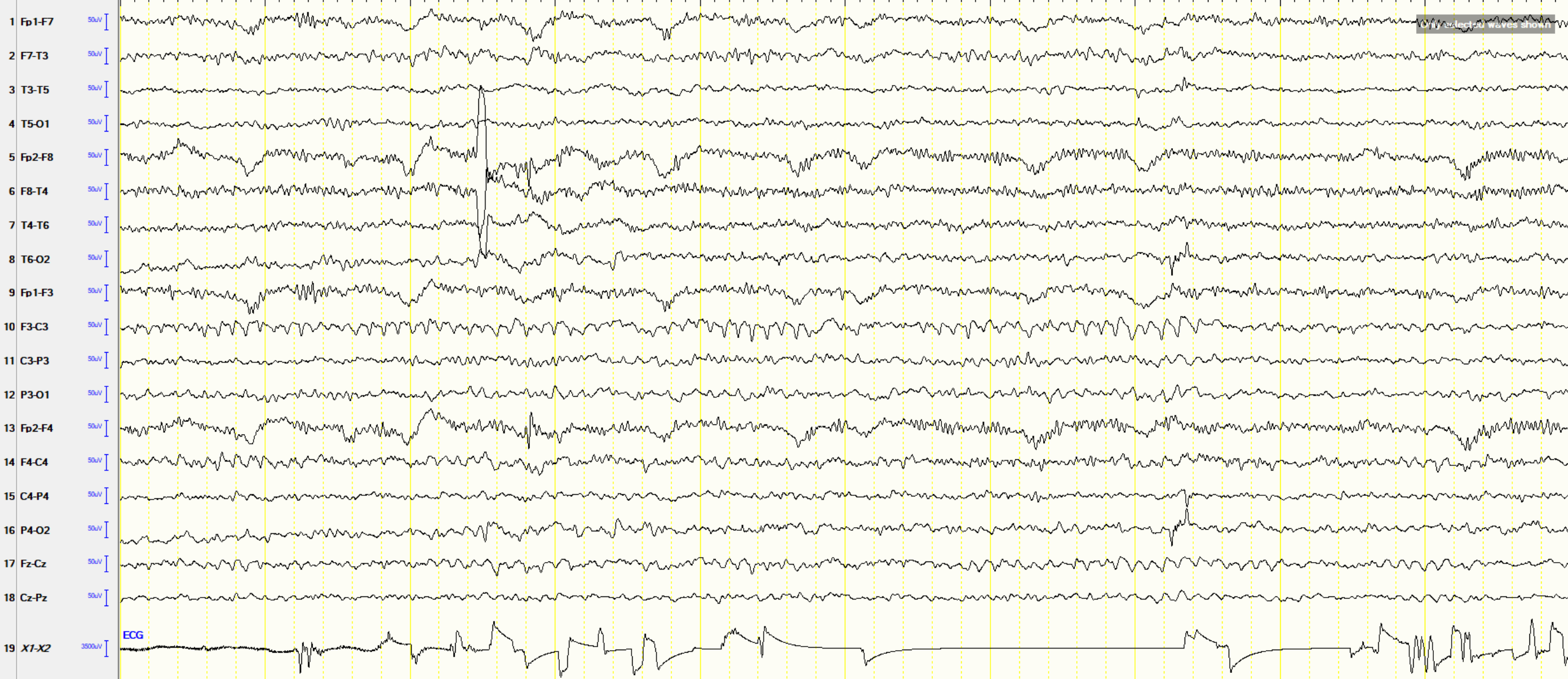
Mu Rhythm

- “ μ ” = “motor”
- Associated with sensorimotor cortex
- **Morphology:** comb, arc
- **Frequency:** 9-11 Hz
- **Location:** Central (C3, C4, and Cz)
- **State:** wakeful
- Blocked by contralateral limb movement

Mu Rhythm



SENS *10 HF *50RP TC *0.1 CAL *50]





Rhythmic Mid-Temporal Burst of Drowsiness (RMTD)

- Psychomotor variants
- **Morphology:** monomorphic, flat-topped or notched
- **Frequency:** 5-7 Hz (Theta)
- **Location:** **Mid-temporal** (T3, T4)
- **State:** drowsy, light sleep
- Disappears during deepening sleep
- **Do NOT evolve or spread to other sites**
- Found in adolescents and young adults

Rhythmic Mid-Temporal Burst of Drowsiness (RMTD)



Subclinical Rhythmic Electrographic Discharges in Adults (SREDA)



- **Morphology:** sharply contoured
- **Frequency:** 5-7 Hz (Theta)
- **Location:** **Temporo-parietal**
- **State:** drowsy, during hyperventilation
- Mild frequency evolution **BUT NO spatial or topographic evolution (e.g. spread to other sites)**
- **Abrupt offset**
- Found in older adults

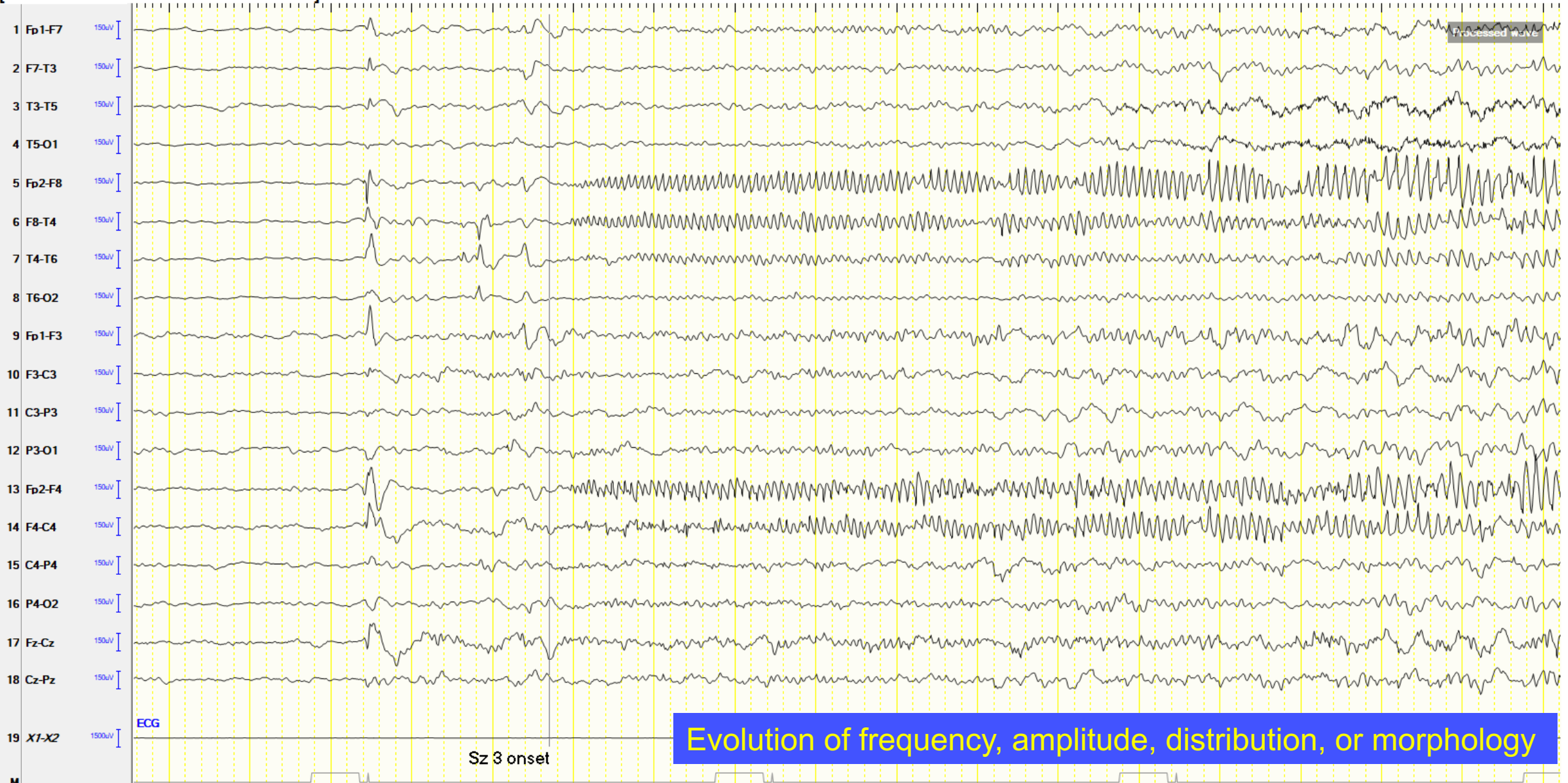
SREDA



Ictal Evolution



[SENS *30 HF *70 TC *0.1 CAL *50]

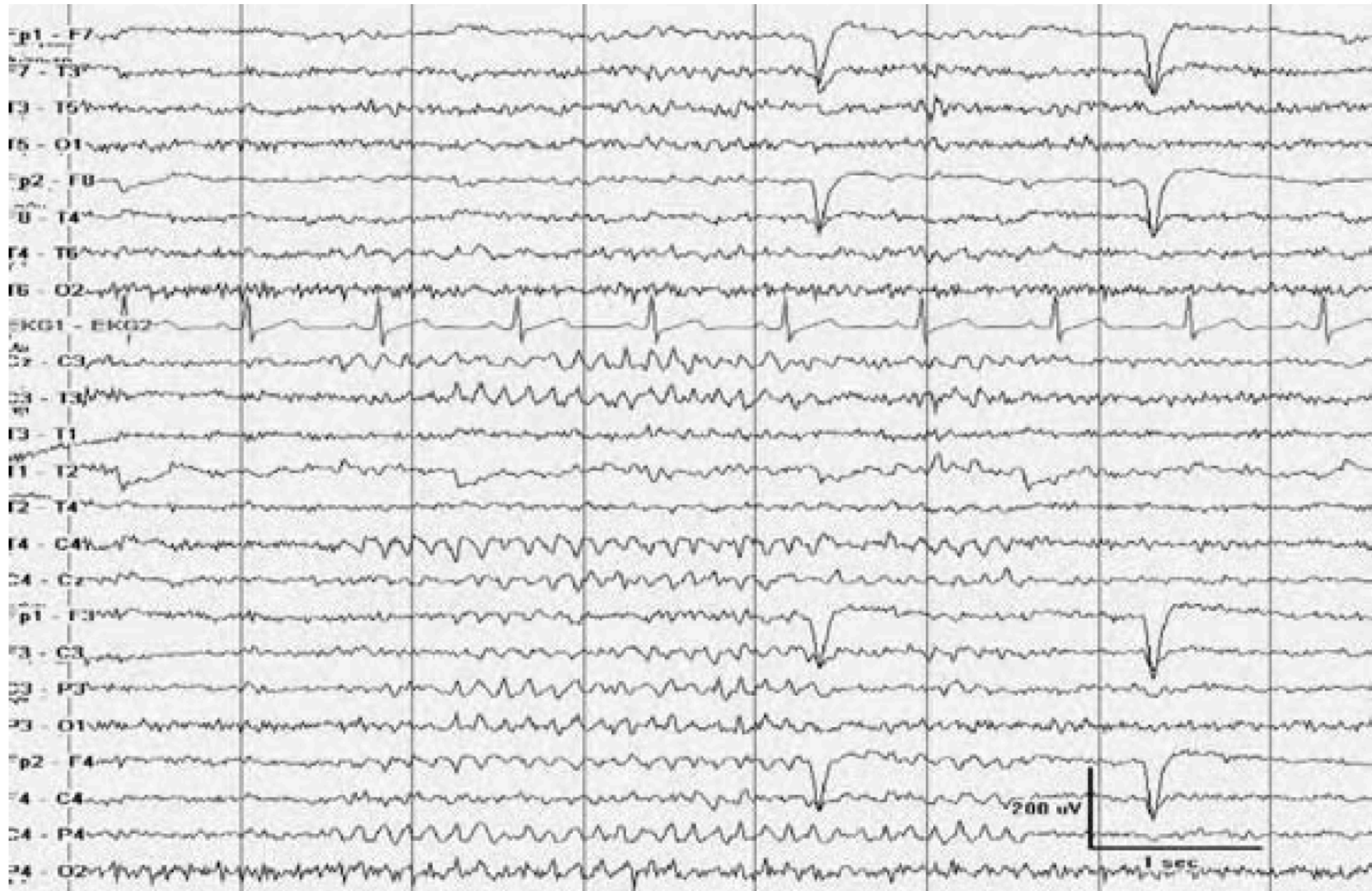




Midline Theta Rhythm

- **Morphology:** smooth, arc-shaped (mu-like), previously known as “Ciganek rhythm”
- **Frequency:** 5-7 Hz (Theta)
- **Location:** **Mid-central** (Cz)
- **State:** wakeful, drowsy
- Reacts to limb movements, alerting, and/or eye opening

Midline Theta Rhythm

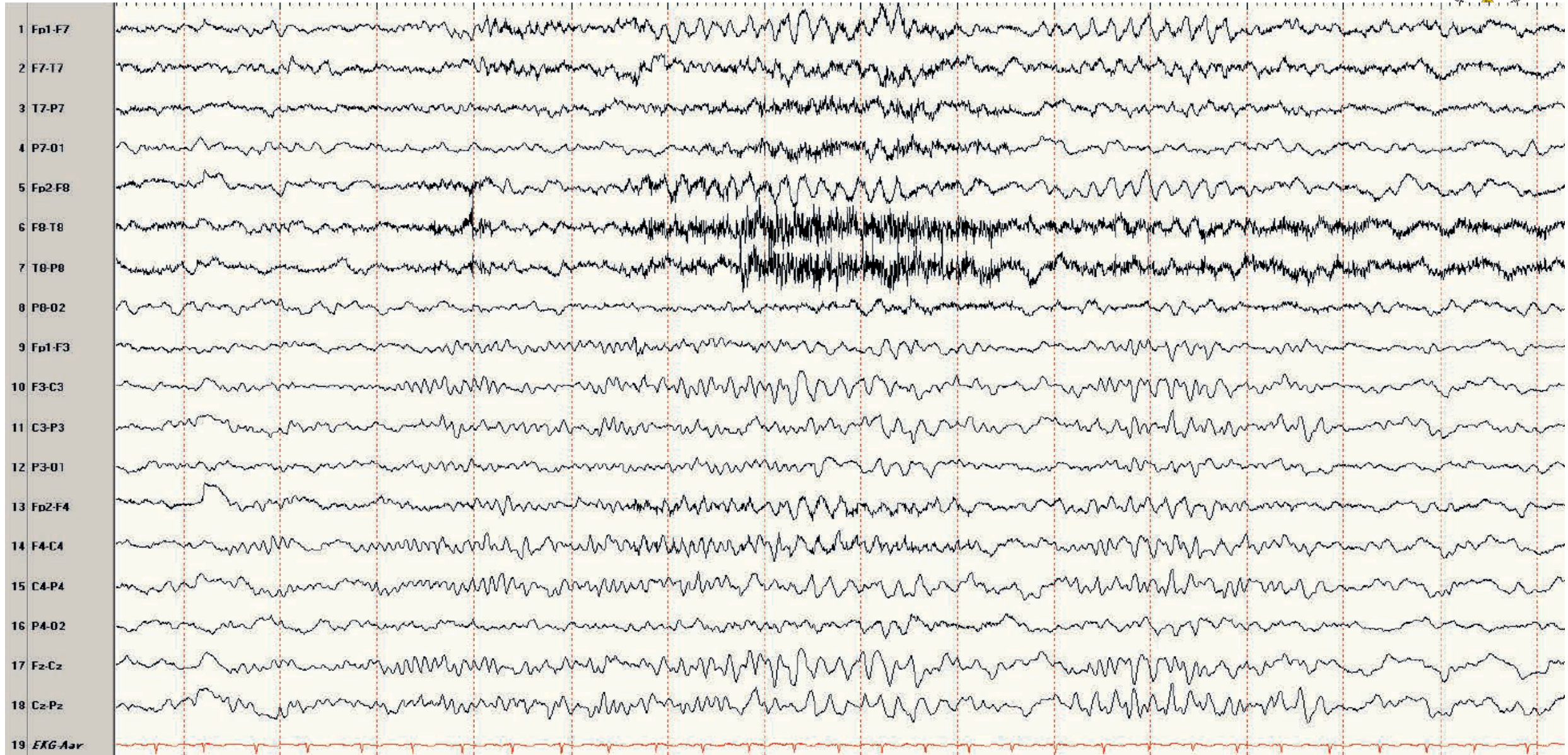




Frontal Arousal Rhythm

- **Morphology:** notched appearance
- **Frequency:** 7-10 Hz
- **Location:** Frontal head regions
- **State:** sleep to wake transition
- Disappear when fully awake

Frontal Arousal Rhythm





Normal Variants Patterns

1. Rhythmic patterns
2. Epileptiform patterns
 - 14 and 6 Hz positive bursts
 - Small sharp spikes (benign epileptiform transients of sleep: BETS)
 - 6-Hz spike and wave (phantom spike and wave)
 - Wicket spikes
3. Lambda and lambdoids
4. Age related variants



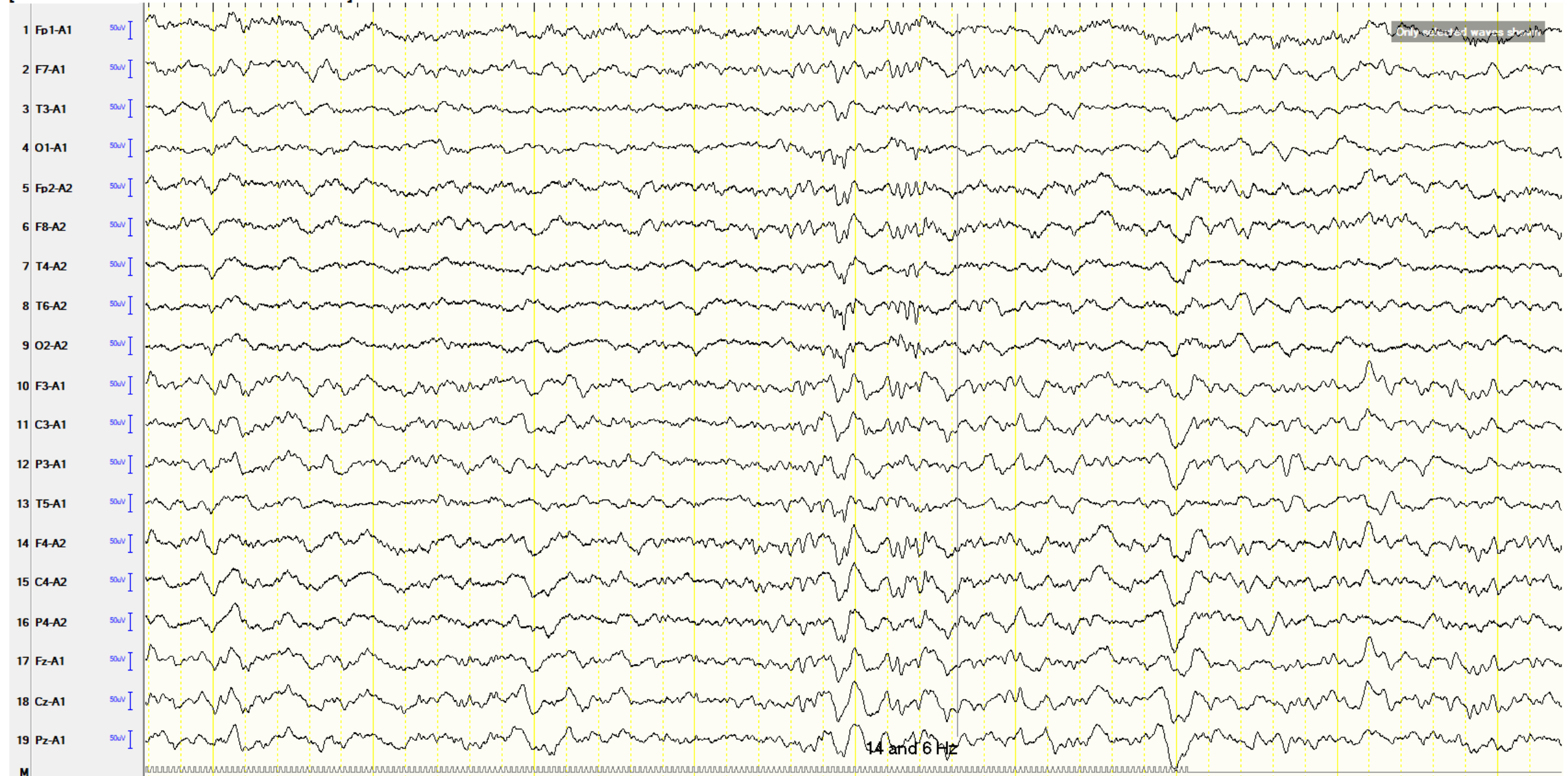
14 and 6 Hz Positive Bursts

- **Morphology:** burst of **surface positive comb like spikes**
- **Frequency:** 14 or 6 Hz
- **Location:** anterior/ mid-temporal
- **State:** **drowsiness, light sleep**
- Found in young infants (6 Hz), adolescents (14 Hz)
- Best seen with long interelectrode distances (e.g. ear references)

14 and 6 Hz Positive Bursts



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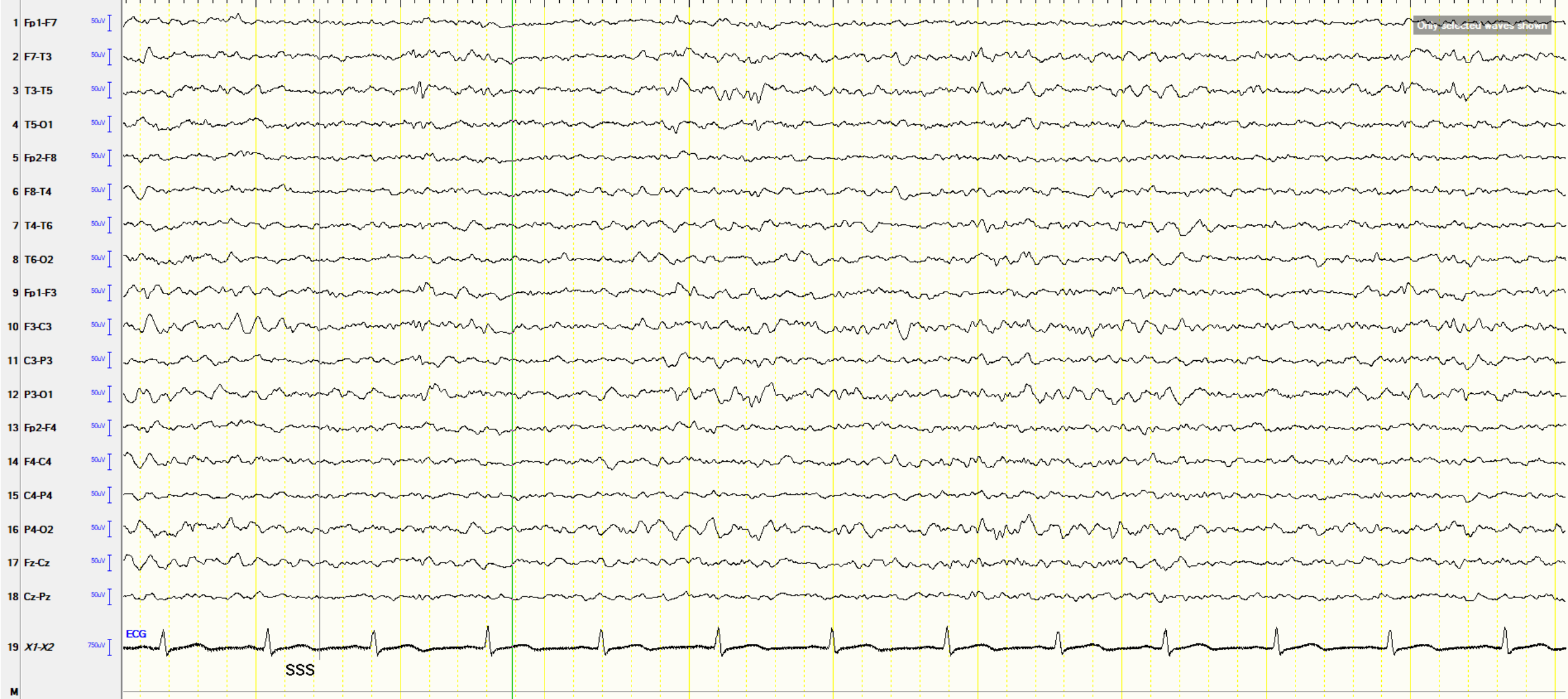
Small Sharp Spikes (BETS)

- **Morphology:** low amplitude, brief duration, mono or biphasic
- **Location:** posterior temporal
- **State:** drowsiness, light sleep
- Found in adolescents and adults
- **NOT** run in trains, disruption of background, or coexisting with rhythmic slowing
- Disappears during deeper sleep stages

Small Sharp Spikes (BETS)



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6-Hz Spike and Slow Wave (Phantom spike and Wave)



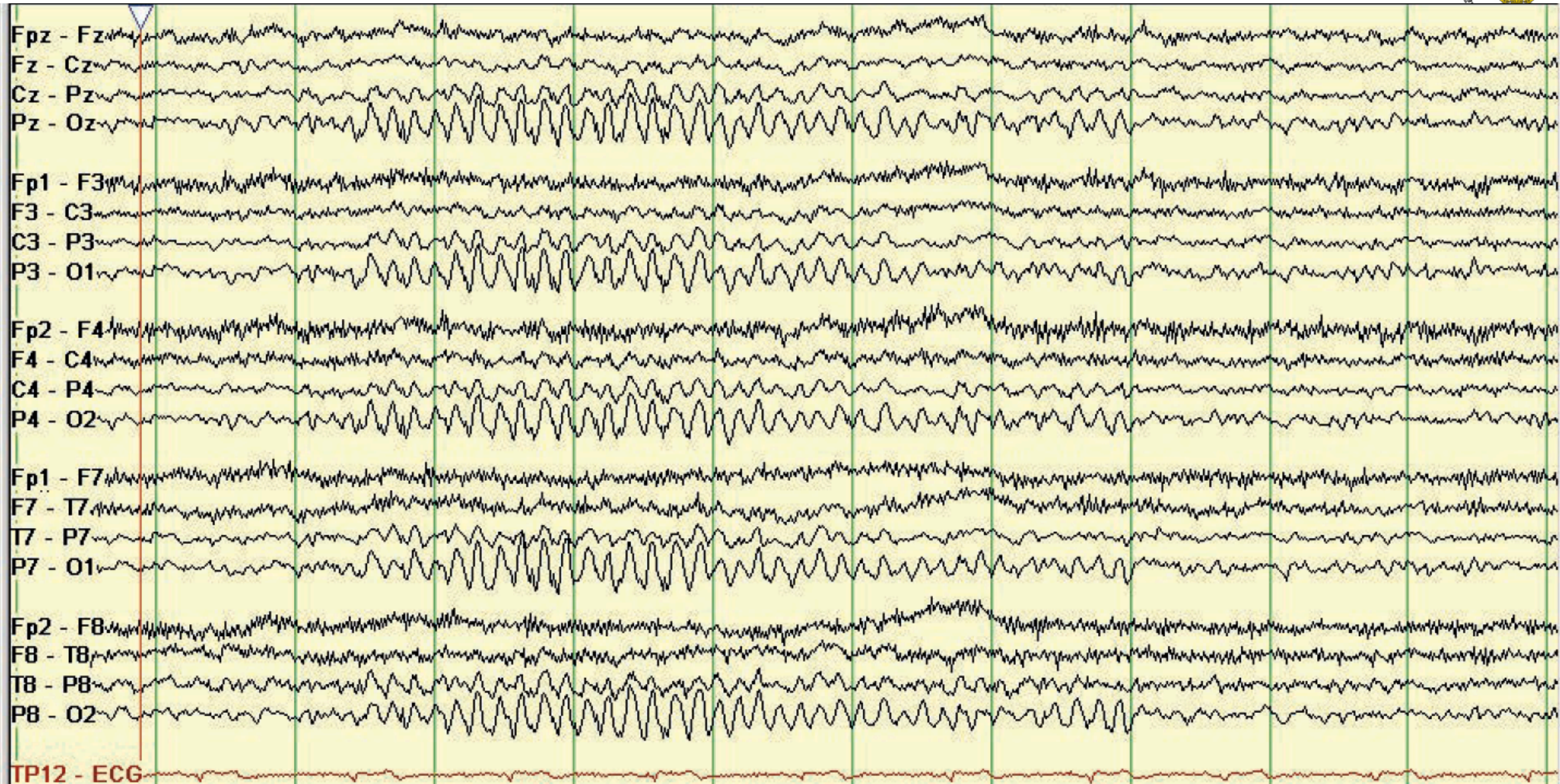
- **Morphology:** mitten like with a very small spike and apparent slow wave
- **Location:** Anterior (WHAM) or Posterior (FOLD)
- **State:** Wakeful (WHAM) or Drowsiness (FOLD)
- Found in adolescents and adults
- NOT run in trains, NO disruption of background, or coexisting with rhythmic slowing
- Disappears during deeper sleep stages



Waking, High amplitude, Anterior, Male (WHAM)



Female, Occipital, Low amplitude, Drowsy (FOLD)



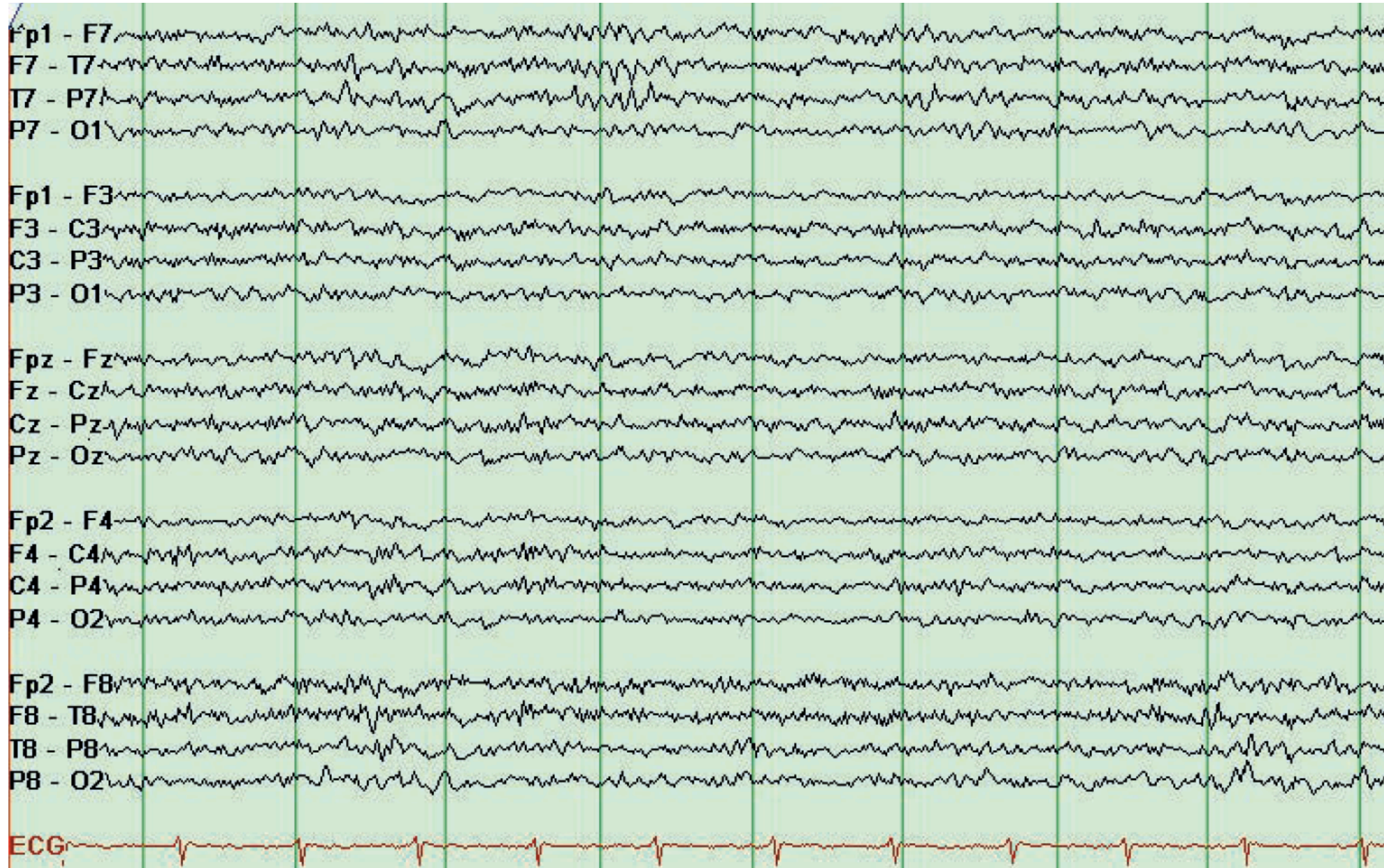


Wicket Spikes

- **Morphology:** arciform appearance occurs in brief trains
- **Frequency:** 6-11 Hz
- **Location:** temporal
- **State:** drowsiness, light sleep
- Found in adolescents and adults
- **No after-going slow wave or disruption of background**



Wicket Spikes





Normal Variants Patterns

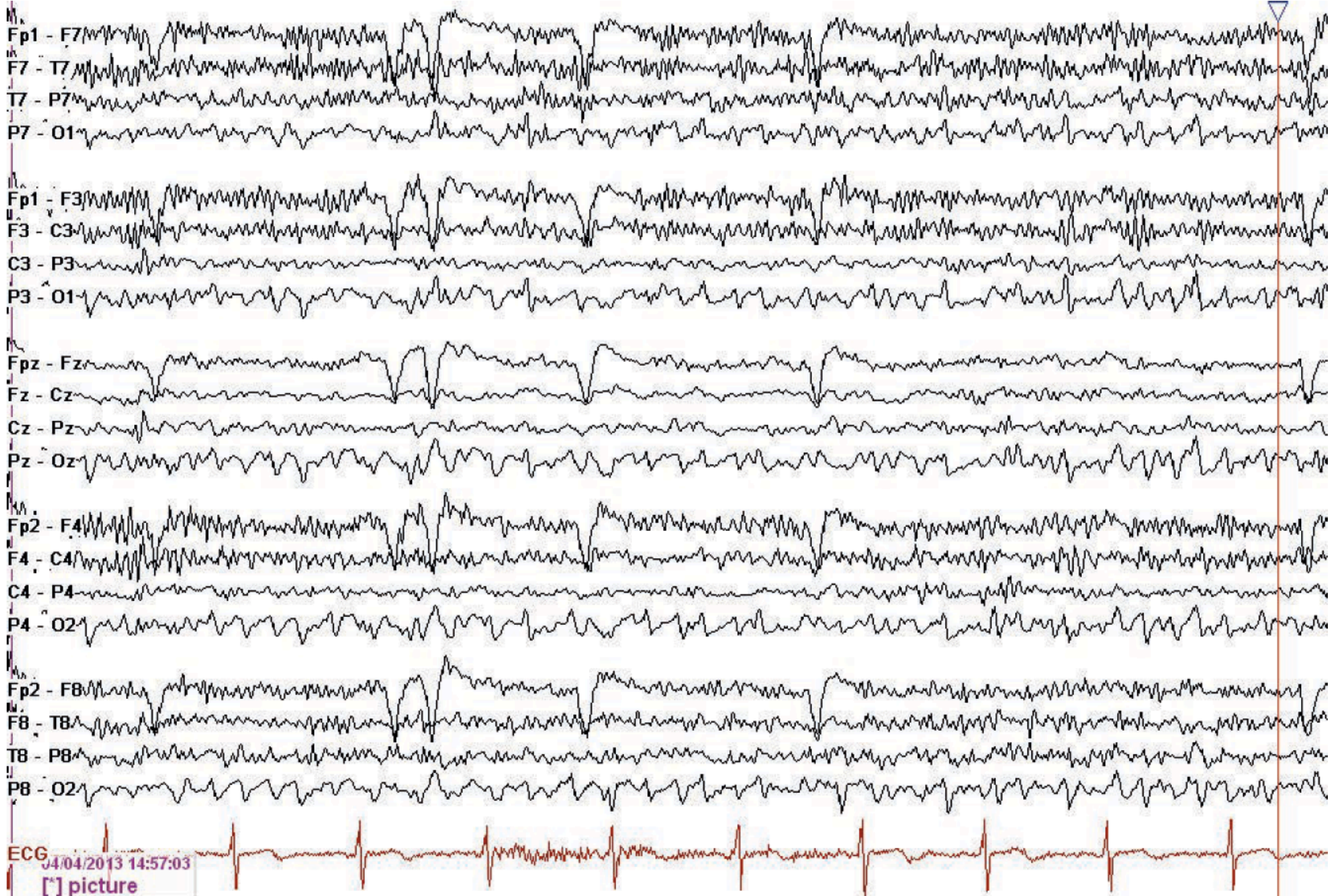
1. Rhythmic patterns
2. Epileptiform patterns
3. Lambda and lambdoids
 - Lambda
 - Slow lambda of youth (Posterior slow waves of youth)
 - Positive occipital sharp transients of sleep (POSTS)
 - Slow lambdoids of youth (cone-shaped or O-waves)
4. Age related variants



Lambda

- **Morphology:** 'λ' biphasic waveform
- **Location:** occipital
- **State:** wakeful
- Appears when the patient scan a complex pattern design
- Block by eye closing
- Found in children > adults

Lambda

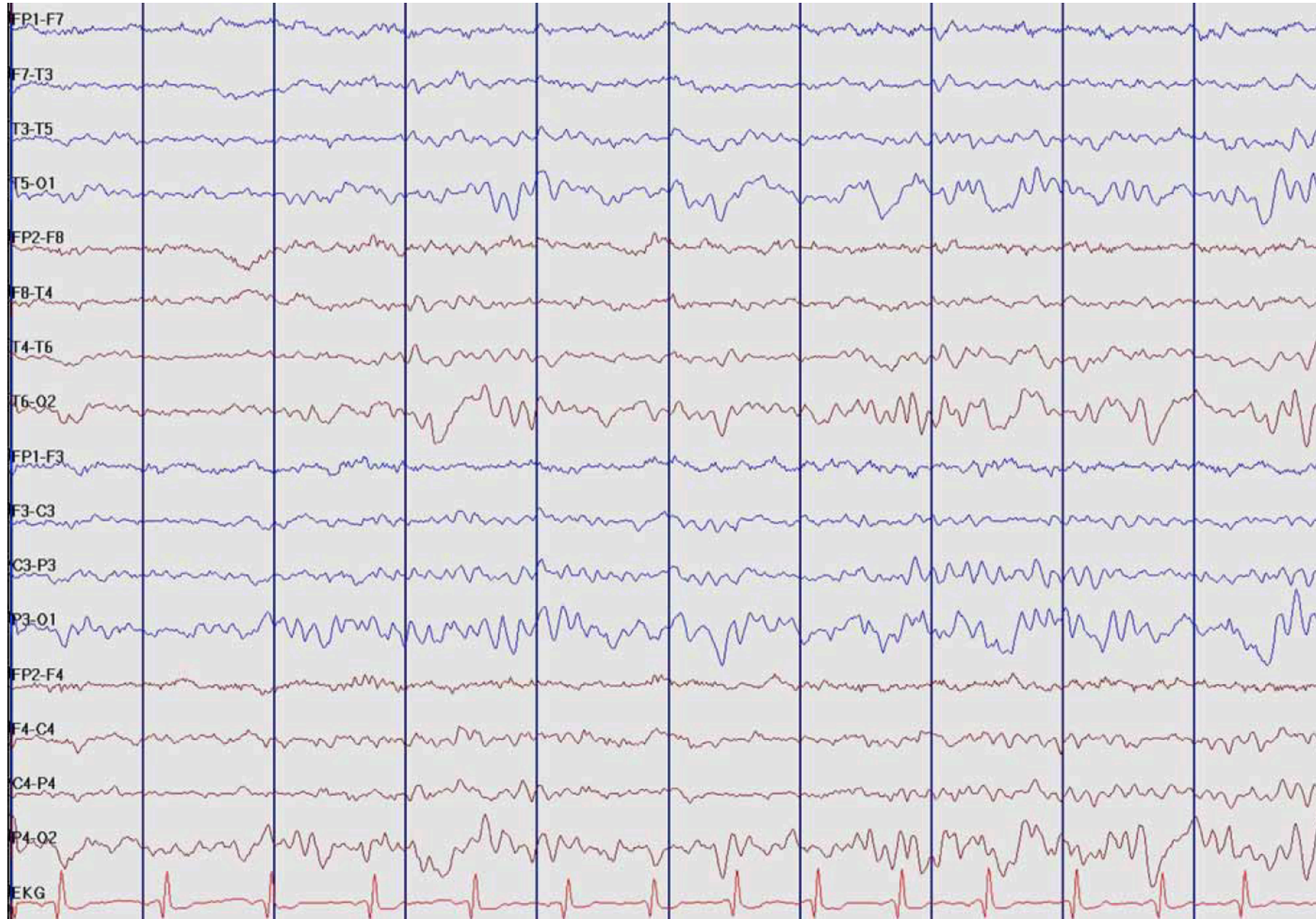




Posterior Slow Waves of Youth

- **Morphology:** delta waveform superimposed with “alpha” on top
- **Location:** occipital
- **State:** wakeful
- Associated with eye closing
- Found in children 8-14 years of age

Posterior Slow Waves of Youth



Positive Occipital Sharp Transients of Sleep (POSTS)

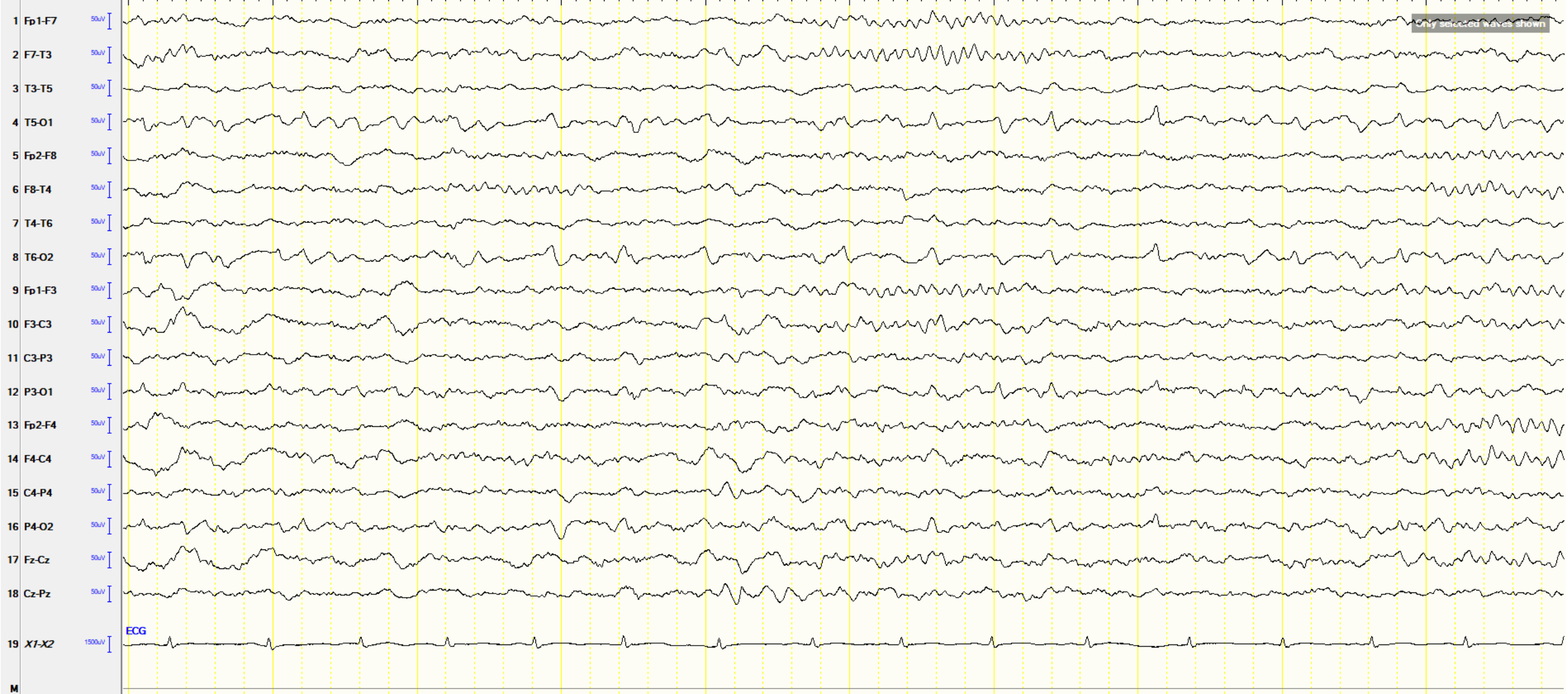


- **Morphology:** checkmark-like shape ✓, monophasic
- **Location:** occipital
- **State:** drowsy, sleep
- **Surface positivity in occipital areas**
- Occur in trains 4-5 Hz
- Found in children & adults

POSTS (Bipolar Montage)



[SENS *10 HF *50RP TC *0.1 CAL *50]



POSTS (Average Montage)



[SENS *10 HF *50RP TC *0.1 CAL *50]



Slow Lambdoids of Youth (O-waves)



- **Morphology:** Cone or O shaped, high voltage, delta activity
- **Location:** occipital
- **State:** sleep
- Found in **younger children up to 5 years of age**

Cone Shaped (O) Waves





Normal Variants Patterns

1. Rhythmic patterns
2. Epileptiform patterns
3. Lambda and lambdoids
4. Age related variants
 - Hyperventilation-induced slowing
 - Hypnagogic and hypnopompic hypersynchrony

Hyperventilation Induced Slowing

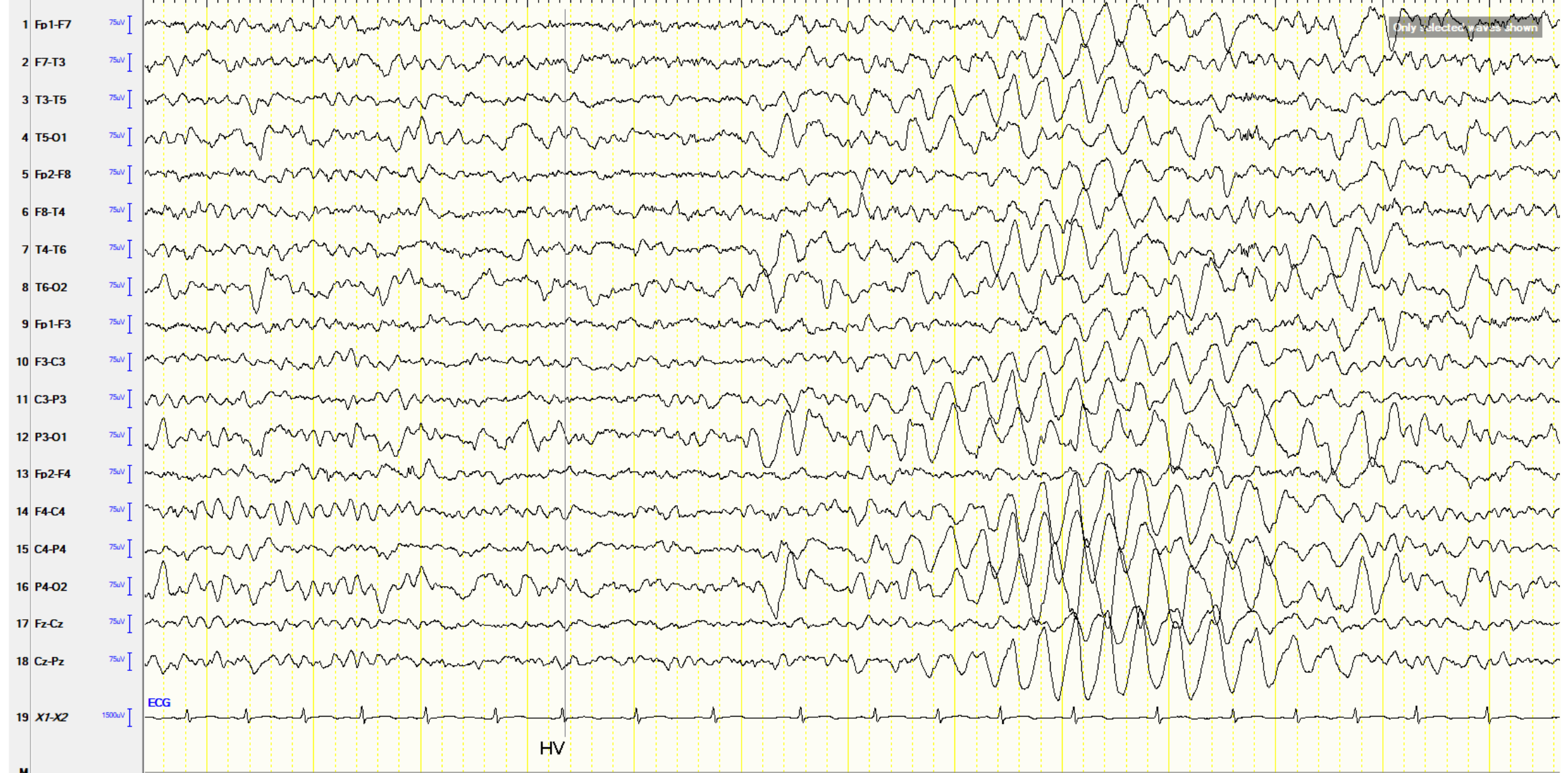


- **Morphology:** rhythmic, high voltage, theta to delta activity
- **Location:** Age dependent- Prominent **posteriorly in children, anteriorly in young adults**
- **State:** during hyperventilation
- Return to baseline within 2 minutes
- **Focal slowing during hyperventilation is pathological**

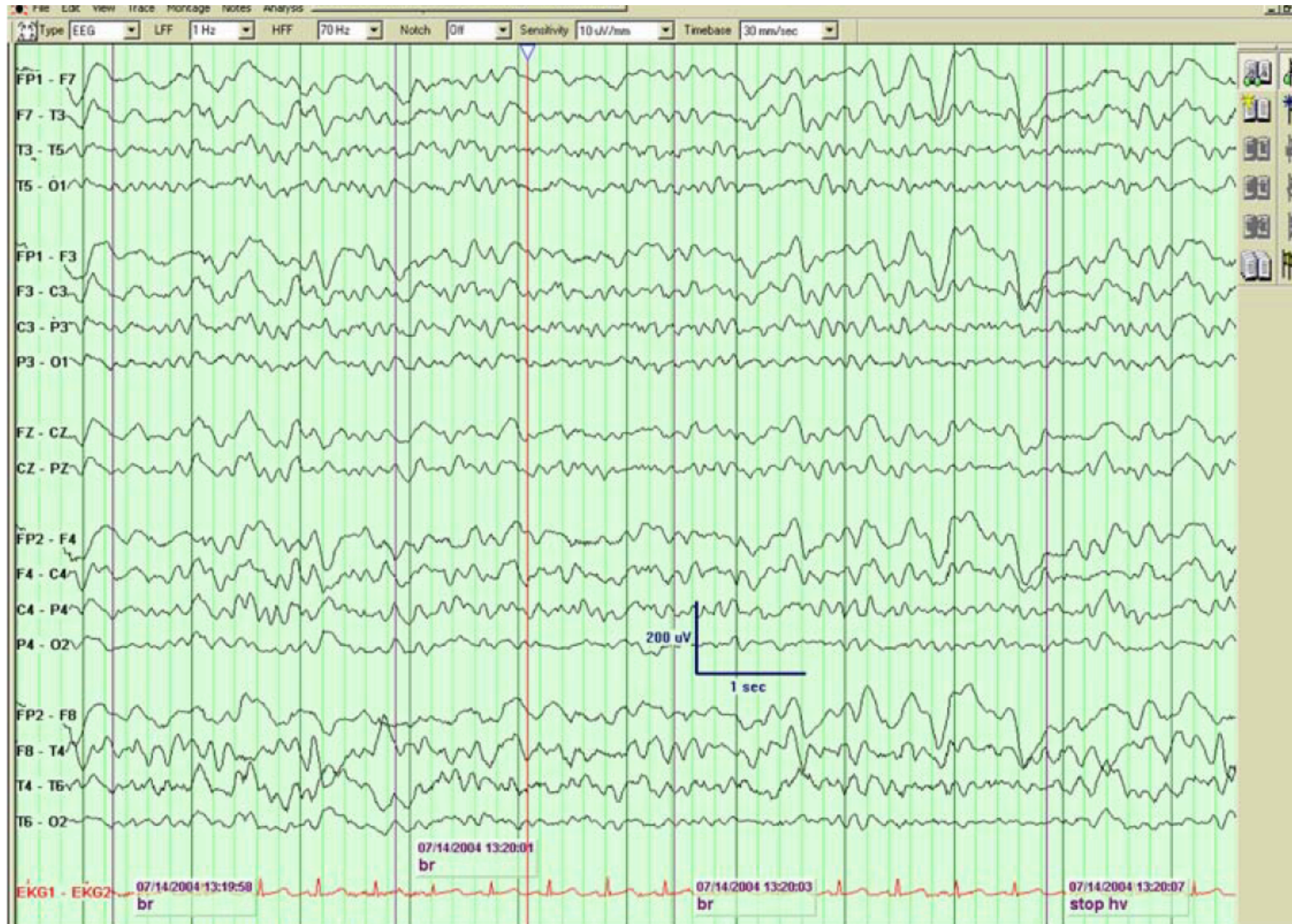
Hyperventilation Induced Slowing- 5 yo



[SENS *15 HF *50RP TC *0.1 CAL *50]



Hyperventilation Induced Slowing- Adult

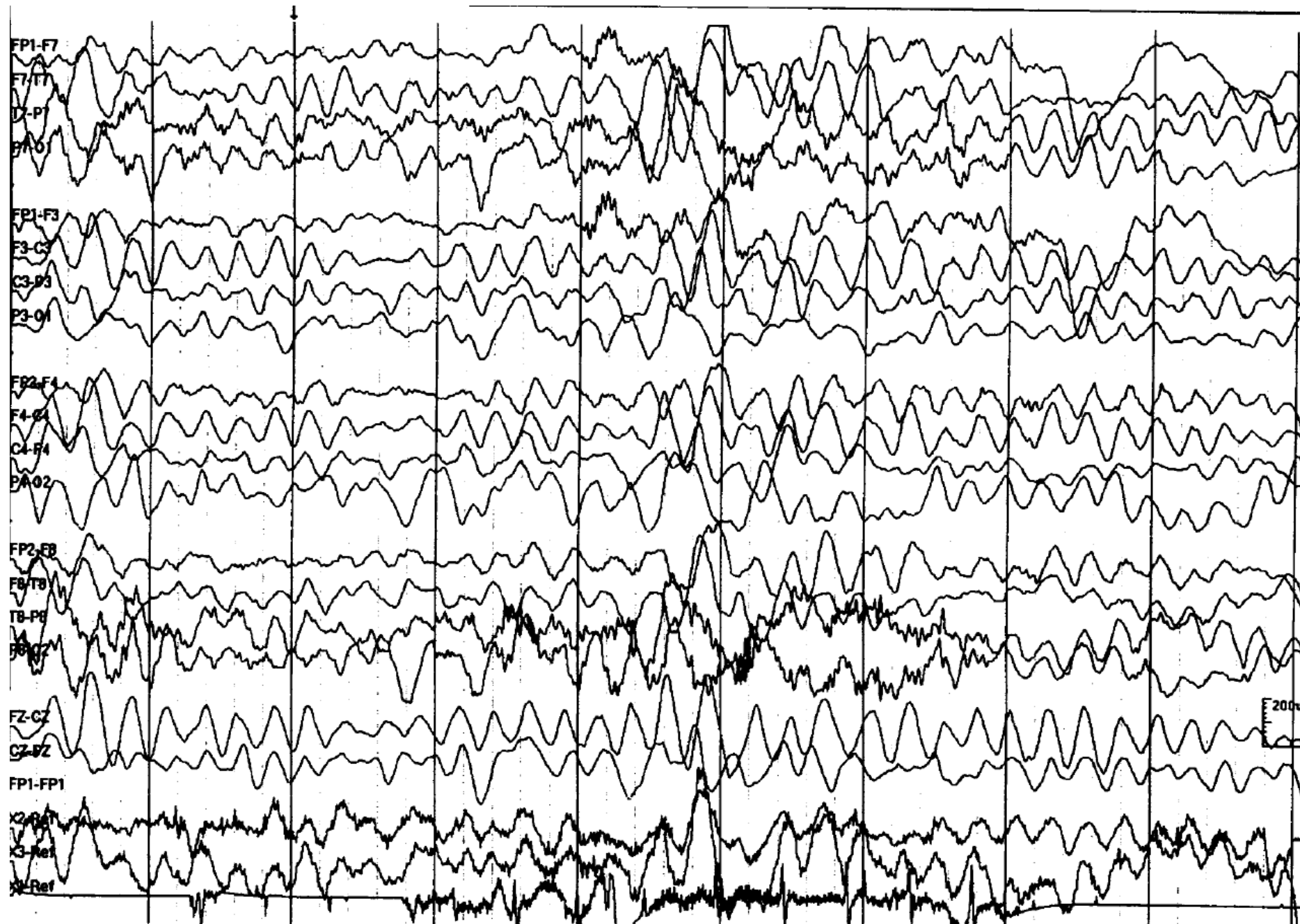




Hypnagogic/ Hypnopompic Hypersynchrony

- **Morphology:** high voltage, delta activity, spiky components
- **Location:** fronto-centro-parietal
- **State:** drowsiness
- **Found in 2-4 years of age**

Hypnagogic/ Hypnopompic Hypersynchrony





Conclusion

- It is essential to avoid misinterpretation of EEG
- Single electrode, nonreasonable field, or positive phase reversal indicate artifactual in nature
- Understanding the criteria to define normal variation and benign variants is crucial



Thank You For Your Attention