# EEG IN ACUTE SEIZURES AND STATUS EPILEPTICUS

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## This Talk:



- □ Recognize various pattern of EEG seizures
- □ Recognize nonconvulsive status epilepticus
- □ Differential diagnosis of SE
- □ Distinguish between interictal vs ictal EEG
- Controversy ictal EEG pattern

## Ictal EEG patterns

- A prolongation of a well-defined interictal pattern
- Completely different from preceding interictal discharges

## Ictal EEG patterns

- Abrupt cessation of interictal epileptiform abnormalities immediately before ictal onset
- Rhythmic repetitive discharges that evolve in frequency, field or amplitude in focal seizures
- Isomorphic patterns such as repetitive interictal discharges in some of the IGE (not observed in focal epilepsy)
- Sudden generalized or lateralized attenuation of amplitude

## EEG Seizures (Focal Seizure)

- □ Repetitive
- Evolution in frequency and morphology and location
- Response to intravenous anticonvulsant
- Postictal slowing or attenuation suggesting cortical dysfunction

### Classification of Status Epilepticus

Clinical: ConvulsiveNonconvulsive

- Clinical + EEG: electroclinical
  - Generalized convulsive
  - □ Generalized non-convulsive
  - Focal convulsive
  - Focal non-convulsive
  - Mixed forms

## Nonconvulsive Status Epilepticus

- Seizures are common in ICU, particularly in acute brain injury
- Many seizures in critically ill are nonconvulsive and can only be diagnosed via EEG
- EEG seizures in the critically ill with encephalopathy tend to be of slower frequencies, lasting longer with less clearly defined onset, evolution and offset, and more difficult to recognize

## Nonconvulsive Status Epilepticus

- In prolonged nonconvulsive seizures, evolution can be subtle or absent.
- Differentiating between ictal and interictal is often quite difficult

## EEG Seizures (Focal Seizure)

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#### Differential diagnosis of SE (1)

- Non-epileptic: Postanoxic myoclonus, psychognic
- Epileptic encephalopathy with severe, nearly continuous interictal EEG changes
  - ■e. g. CSWS, Lennox-Gastaut S., Angelman S.
- Acute metabolic/ vascular/toxic event with impaired consciousness and global EEG changes
  - e. g. encephalitis, stroke (PLEDs and BiPLEDS), severe metabolic encephalopathy

#### Controversial EEG pattern in ICU

- □PLEDs, BIPLEDs, GPEDs
- Triphasic waves

#### Periodic Epileptiform Discharges: PLEDs

- Common in the intensive care unit
- □ Usually recurring every 1−2 s.
- Often (but not always) consist of sharp waves or spikes that may be followed by a slow wave.
- The clinical picture associated with PLEDs is usually obtundation, focal seizures and focal neurological signs.

#### Periodic Epileptiform Discharges: PLEDs

- The majority of patients with PLEDs will have seizures during the acute stage of illness.
- PLEDs are usually considered an interictal pattern or on an unstable ictal—interictal continuum
- With time (days—weeks), discharges tend to decrease in amplitude, repetition rate and ultimately discharges cease.

#### **BIPLEDs**

- Less common
- Associated with worse mental status and worse outcome than unilateral PLEDs
- Highly associated with seizures during the acute illness.
- postanoxic coma

## Generalized Periodic Epileptiform Discharges (GPEDs)

- Postanoxic, after convulsive status epilepticus,
  Creutzfeldt-Jacob disease, Hashimoto encephalopa
  and in end-stage Alzheimer disease
- Highly associated with seizures

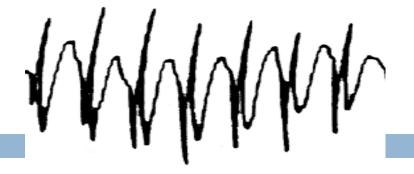
#### **Triphasic Waves**

- Initially described in hepatic encephalopathy, but can occur in any toxic/metabolic encephalopathy.
- Tend to recur at one or two per second and wax and wane throughout a recording, partly
- Nonconvulsive status epilepticus can appear quite similar.
- EEG alone often cannot distinguish between triphasic waves of metabolic encephalopathy and nonconvulsive seizures. They both resolve with benzodiazepines.

## Stimulus-induced Periodic, Rhythmic or Ictal Discharges (SIRPIDs).

- Alerting stimuli (suction, exam, noise, pain) in encephalopathic patients commonly elicit highly epileptiform patterns and often show evolving electrographic seizures.
- Focal or generalized.
- Reproducible with further stimulation
- The exact clinical, therapeutic and prognostic Significance of SIRPIDs remains undefined.

## Summary:



- □ Recognize various pattern of EEG seizures
- Recognize nonconvulsive status epilepticus
- □ Differential diagnosis of SE
- Distinguish between interictal vs ictal EEG
- Controversy ictal EEG pattern

## Thankyou for Your Attention